



Griffin Baseball Lessons

Brought to you by

Griffin Head Coach: Mark Clabough
Griffin Infield Instructor: Andy Yonaki
Griffin Pitching Coach: Patrick Murphy

Los Alamitos High School

\$40 per session

M-F: 3:30 & 4:15*

Contact the Coaches via email at:

griffinlessons@yahoo.com

Coach Clabough

-Arm Strengthening/Conditioning Programs

(Available “one-on-one” or join Clabough’s Cannons**)

-Pitching Instruction

Coach Yonaki

-Infield Instruction

(Learn the proper footwork, approach, transfer, and throwing technique required for advanced infield play.)

Coach Murphy

- Hitting Instruction

- Pitching Instruction

*Weekend Sessions By Special Appointment Only

**Clabough’s Cannons is a proven throwing program offered throughout the year